

BAR & RESTAURANT MENU

Welcome to Gullanes Hotel, Bar & Restaurant

Fáilte chuig Gullanes Hotel Serving Ballinasloe since 1943

We provide our guests with authentic & delicious Homemade Irish & European Dishes. Our Chef's choose only the very best and freshest ingredients. All our Beef is 100 % Irish Origin

Our staff are trained to give you the best service, so always feel free to ask for assistance.

We hope you enjoy your evening and have a pleasant meal with us

Tá súil againn go mbainfidh sibh taitneamh as bhur dtráthnóna agus go mbeidh béile breá blasta agaibh.

> *'Laughter is Brightest Where Food is Best'* Old Irish Proverb



Chef's Homemade Cream of Vegetable Soup

Served with a fresh crusty roll or homemade brown bread. (1,2a,2d,4,7,9,13,14)(GFR)€5.50

Galway Bay Creamy Seafood Chowder

Fresh salmon, smoked haddock, and cod, served with homemade brown bread. (1,2a , 2b 4,5,7,13,14) (GF) \in 9.50

Marinated Thai Chilli King Prawn Skewers

Coconut lime scented rice, lemon curry , coriander (1,3,4,5,7,9,12,13,14) (GF) € 9.50

Homemade Golden Fried Mushrooms

Mushrooms coated in breadcrumbs and deep fried, served with a garlic dip. (1, 2a,4,7,9,12,14) (VG) $\in 8.50$

Sweet Chilli Chicken Wings

Served with spring onion coriander salad (2a,4,7,9,13) € 8.50 Main course € 12.50

Beetroot & Goats Cheese Salad

Panko coated goats' cheese, rocket, carrot, with a honey & rosemary dressing. (2,2a,4,6,7,13) $\in 8.50$ * Main course $\in 12.50$

Superfood Salad

baby leaves , cous cous, maple toasted almonds, broccoli, beetroot, pear, sesame seeds, orange citrus dressing (1, 9,10,12,14) (v) \in 9.00 / Main course \in 12.00 Add Chicken \in 2.50

Allergens: 1.Celery 2. Cereals Containing Gluten 2A Wheat 2B Rye 2C Barley 2D Oats 3. Crustaceans 4. Eggs 5. Fish 6. Lupin 7. Milk 8. Molluscs 9. Mustard 10. Nuts 11. Peanuts 12. Seasame Seeds 13. Soya 14. Sulphur Dioxide VG – Vegetarian VGR – Vegetarian on request V – Vegan GF Gluten Free GFR- Gluten Free on request



12 oz Sirloin Steak

Served with chips, topped with mushrooms & onions, parsnip puree. peppered sauce or garlic butter. $(1,7,13,14) \in \textbf{29.90}$

Honey Roast Half Duck

served on thai chilli ginger coriander potato cake with a plum sauce & seasonal vegetables (2a,7,9,13,14)(GRF) € 21.90

Braised Lamb Shank

Braised slowly for four hours in a tomato & rosemary jus. Served on a bed of creamy mashed potato with a side of seasonal vegetables. $(1,7,13,14)\,(\text{GF})\in\textbf{21.90}$

Roast Chicken supreme

Kelly's black pudding & mushroom stuffed chicken supreme Red onion gravy, served on creamy mashed potato with seasonal vegetables. (1,2a, 2d,7,9,14) € **17.90**

Chicken & smoked Bacon Rigatoni Pasta

Served in a creamy fresh basil sauce topped with parmesan cheese, garlic bread. (1,2a,4,7,9,10,13,14)(GFR) € 15.90

Gullane's Signature Gourmet Burger

Freshly ground 8oz prime Irish beef, topped smoked bacon, melted applewood cheese, ballymaloe tomato relish. Served on brioche bun, with chips. (2a,4,7,9,12,13,14) € **16.90**

Thai Yellow Curry

yellow curry with coconut milk, sweet potato, lentil ,peppers , onions, coriander and peppers, served with basmati rice.

Chicken € 16.90 (1,3,5,7,10,13) Seafood € 17.90 (1,3,5,7,13,14) Vegan € 16.90 (1,13,14)

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Baked Fillet of Salmon

Served with thyme roasted baby potatoes, seasonal vegetables. white wine green pea sauce (1,5,7,9,13,14) (GF) € 17.90

Baked Fillet of Hake

Served on a bed of roasted Mediterranean vegetables, creamy mashed potato. Creamy Cajun & prawn brandy sauce (1,3,5,7,8,9,13,14) € 17.90

Chef's Special of the Evening

SIDE DISHES

Portion Chips	(2)	€ 3.50
Onion Rings	(2,7)	€4.00
Coleslaw	(4)	€ 1.50
Sweet Potato Fries	(2)	€ 4.00
Portion Mash Potato	(7,14)	€ 3.50
Baby Potato's	(7,4)	€ 3.50
Side Salad	(9)	€ 3.50
Side Vegetables	(14)	€4.00
Pepper Sauce	(7)	€2.00
Fried Mushrooms		€ 2.50
Garlic bread	(2,4,7)	€ 3.50

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Mississippi Mud Pie

Topped with hot chocolate sauce and vanilla ice cream. € 7.00 (2a,4,7,13,14)

Dark Chocolate Mousse (v)

Served with vegan vanilla ice cream. € 7.50 (2a, 10,13)

Sticky Toffee Pudding

with homemade brown bread ice cream € 7.00 (2a,2d,7,13,4)

Bailey's crème Brulé

Homemade almond biscuit € 7.00 (2a,4,7,10)

Strawberry Pavlova

Pavlova topped with fresh cream , sliced strawberries. ${\it \in 7.00}$ (4,7)(GF)

Homemade Cheesecake of the Evening

served with ice cream. € 7.00 (2a, 2d 4,7,12,13)

Homemade Warm Apple Pie

Served with crème anglaise & ice cream. € 7.00 (2a,4,7,13)

Selection of Ice Cream

Served in a crispy wafer basket. € 6.00 (2a,7,13)

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SANDWICH MENU

Steak Sandwich € 16.90

topped with melted cedar cheese, fried onions, mushrooms, mustard mayo, served in a crispy baguette, pepper sauce served with chips (2a,4,7,9,12,13,14)

Goats cheese sandwich € 14.90

red onion relish, roasted mediterranean vegetables, served on sourdough bread served with chips (1,2a,2b,4,7,9,13,)

Toasted Club sandwich € 14.90

Chicken, lettuce, chopped bacon, mayonnaise, served with chips $$^{\rm (2a,4)}$$

Toasted Chicken Goujon Wrap € 14.90

Lettuce, tomato, chilli or garlic mayo $% \left(1,2a,4,7,9,10,13\right)$, served with chips

Classic BLT Sandwich € 14.90

Toasted sandwich, bacon, lettuce, tomato, mayonnaise, on white or brown bread served with chips (2a,4,7,9,13,14)

Build your own sandwich

1 Filling € 4.50

1 Filling € 5.00

Sandwich fillings.

(0.50 per extra filling)

- Ham
- Cheese
- Chicken
- Tuna
- Peppers
- Lettuce
- Onion
- Tomato
- Sweetcorn

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Add Chips € 3.50

Toasted sandwich

Plain sandwich

CHILDREN'S MENU

 $\frac{1}{2}$ Homemade Cream of vegetable soup ϵ 3.50 (1,2a,4,7,14)

Mini Garlic Bread € 3.50 (2a,4,7)

Children's Joint of the Evening ϵ 11.00 served with creamy mashed potato & vegetables

Rigatoni Pasta served with Creamy Tomato Sauce on the Side € 6.00 (2a,4)

Chicken Goujons & Chips € 8.50 (2a, 4,7)

Chicken Nuggets & Chips € 7.50 (2a,4,7,13)

Sausages & Chips € 7.50 (2a,4,14)

Bangers & Mash € 7.50 (2a,4,7,13,14)

American style pancakes Nutella, marshmallows € 5.00 (2a,4,7,10)

Jelly & Ice Cream € 4.00 (7)

Selection of Ice Cream \in 4.00 (7)

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Please note our Dishes are prepared in an environment where allergens may be present

BEVERAGES

Bewley's Tea	€ 3.00	Americano	€ 3.00
Barry's Tea	€ 3.00	Expresso	€ 3.00
Decaf Tea	€ 3.00	Double Expresso	€ 3.50
Herbal Teas	€ 3.30	Cappuccino	€ 3.50
Cranberry, Camomile , Peppermint,		Latte (7)	€ 3.50
Green Tea, Earl Grey		Hot Chocolate (7)	€ 3.50
Irish Coffee	€7.00		
Whiskey, Coffee , & Fresh Cream(7)			
French Coffee	€ 7.20	SOFT DRINKS	
Brandy, Coffee & Fresh Cream (7)			
Calypso Coffee	€7.00	COKE	€ 3.00
Tia Maria, Coffee & Fresh Cream(7)		DIET COKE	€ 3.00
Baileys Coffee	€ 7.00	CLUB LEMON	€ 3.00
Baileys Liquors, Coffee & Fresh Cream (7))	CLUB ORANGE	€ 3.00
Irish Mist Liqueur	€ 5.20		-
Crème De Menthe	€ 5.20	LUCOZADE	€ 3.10
Drambuie	-	SPRITE	€ 3.00
	€ 5.20	7UP	€ 3.00
Benedictine	€ 5.20		
Cointreau	€ 5.20		